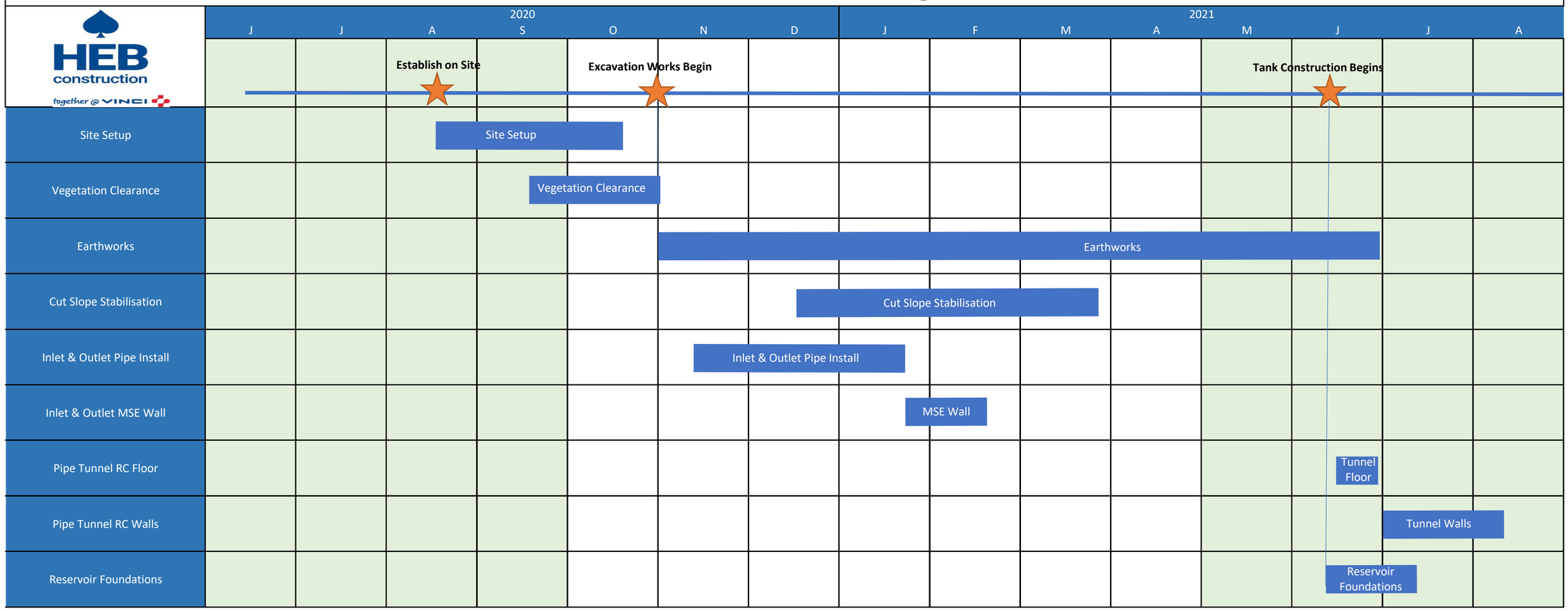Omāroro 12 Month Programme